

For Immediate Release
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Local author Nancy Rose Wins National Indie Excellence Award for First Book

Raise the Child You've Got—Not the One You Want named as 2014 finalist

Braeside Press is proud to announce that Napa author Nancy Rose has been honored in the National Indie Excellence® Awards. The 2014 winners have just been released, and Rose's book, ***Raise the Child You've Got—Not the One You Want***, has been named as a Finalist in the Parenting and Family category.

The National Indie Excellence® Awards honor the year's best independently published titles from around the world. Now in its ninth year, the competition is open to all English language books available for sale, including small presses, mid-size independent publishers, university presses, and self-published authors. Experts from all aspects of the book industry judge award winners and finalists.

In ***Raise the Child You've Got—Not the One You Want***, Rose presents a passionate and compelling case for parents to "lead with acceptance," explaining that acceptance is a fundamental human need and should be the starting point in our parenting. When we lose sight of its importance and give conditional acceptance based on fulfilling parents' expectations, she argues, there can be dire consequences for children, parents, and society. She teaches parents concrete acceptance strategies that create connected families. "When we accept our kids as they are and allow them to become acquainted with all parts of themselves, they can grow up comfortable in their own skin," Rose says. "This also creates the warm connection that allows parents to step into effective leadership, so they can guide their children to becoming the best version of who they are."

A popular speaker and media presence, Nancy Rose is available for keynotes, breakout sessions, parenting talks, and interviews, as well as book signings, book club appearances (live and virtual), and readings. ***Raise the Child You've Got—Not the One You Want*** is available in Napa at Copperfield's Books and Napa Bookmine. It may also be obtained online in paperback and ebook formats at www.amazon.com and www.barnesandnoble.com. For more information, please visit www.nancyjrose.com or www.indieexcellence.com.

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